



Lucas Kostrzewski

HOUSE MECHANIC
AMERICAN CRYSTAL SUGAR COMPANY
Crookston, Minnesota



Lucas is a House Mechanic at American Crystal Sugar Company's Crookston, Minnesota, factory.

American Crystal Sugar Company (ACSC) helped fuel your career by sponsoring your degree through their Vocational Scholarship and Training Program. How did your training at Minnesota North College help prepare you for your job today?

"It is important to have companies like ACSC in our communities across the Red River Valley; it gives individuals like me the opportunity to grow within the community and grow in my career. My personal journey with American Crystal began in high school, when I was introduced to the program and given the chance to continue my education at Minnesota North College. The courses in the Industrial Maintenance Technology program provided me with training and experience performing maintenance procedures – skills that I still use each day at the factory."

Why is it important to preserve manufacturing and union jobs in places like Crookston? What does being part of the Bakery, Confectionery, Tobacco Workers and Grain Millers Union (BCTGM) mean to you and for your job?

"Growing up in Crookston, I've seen firsthand that rural communities rely on agriculture to keep our local economies strong. Agricultural businesses, like ACSC, create job opportunities, invest in their employees, and give back to their communities. To keep small towns like Crookston alive, we need to preserve vital manufacturing and union jobs. Being a part of a union is like having a second family, and I'm proud to come to work every day. Working together, all of the employees at American Crystal make an unbeatable team processing American-made sugar."



Interesting Fact

Outside of work, Lucas participates in catfishing tournaments on the Red River in Grand Forks, North Dakota. He's even won a few!

